Estimated Day of Delivery
(For LTL Shipments)

CALIFORNIA

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: Los Angeles Metro
Pick-Up Days: Thursday & Friday, for delivery of the following week

State	E.D.A.	State	E.D.A.
Alabama (Northern)	Tuesday / Wednesday	Nebraska	Monday / Tuesday
Alabama (Southern)	Tuesday / Wednesday	Nevada	Wednesday / Thursday
Arizona	Tuesday / Wednesday	New Hampshire	Thursday / Friday
Arkansas	Monday / Tuesday	New Jersey	Wednesday / Thursday
California (North)	Daily	New Mexico (Albuquerque)	Monday / Tuesday
California (South)	Daily	New York (Eastern)	Thursday / Friday
Colorado (Denver)	Monday/Tuesday	North Carolina	Thursday / Friday
Colorado (All other areas)	Please Call	North Dakota	Thursday / Friday
Connecticut	Thursday/Friday	Ohio	Thursday / Friday
Delaware	Thursday/Friday	Oklahoma	Monday / Tuesday
Florida	Thursday/Friday	Oregon	Monday / Tuesday
Georgia	Wednesday / Thursday	Pennsylvania	Thursday / Friday
Idaho	Monday / Tuesday	Rhode Island	Thursday / Friday
Illinois	Tuesday / Wednesday	South Carolina	Wednesday / Thursday
Indiana	Tuesday / Wednesday	South Dakota	Thursday / Friday
Iowa	Monday / Tuesday	Tennessee (Eastern)	Tues - Thursday
Kansas (Kansas City)	Tuesday	Tennessee (Western)	Tuesday / Wednesday
Kansas (Other Parts)	Tuesday	Texas	Tuesday / Wednesday
Kentucky (Louisville Area)	Tuesday	Utah (Salt Lake City)	Monday / Tuesday
Kentucky (Other Parts)	Wednesday	Vermont	Thursday / Friday
Louisiana	Tuesday / Wednesday	Virginia	Thursday / Friday
Maine	Thursday / Friday	Washington	Tuesday / Wednesday
Maryland	Thursday/Friday	West Virginia	Wednesday / Thursday
Massachusetts	Thursday/Friday	Wisconsin	Wednesday / Thursday
Michigan	Wednesday / Thursday	Wyoming (Cheyene)	Tuesday / Wednesday
Minnesota	Tuesday / Wednesday		
Mississippi	Tuesday / Wednesday		
Missouri (St. Louis Area)	Tuesday		
Missouri (Other Parts)	Tuesday		
Montana	No Regular Service		

Estimated Day of Delivery
(For LTL Shipments)

CAROLINAS / GEORGIA

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: NC, N. GA, SC
Pick-Up Days: Thursday & Friday, for delivery of the following week

State	E.D.A.
Alabama (Northern)	Monday / Tuesday
Alabama (Southern)	Tuesday / Wednesday
Arizona	Wednesday / Thursday
Arkansas	Monday / Tuesday
California (North)	Thursday/Friday
California (South)	Thursday/Friday
Colorado	Tuesday / Wednesday
Connecticut	Monday / Tuesday
Delaware	Tuesday / Wednesday
Florida	Tuesday / Wednesday
Florida (Panhandle)	Tuesday / Wednesday
Georgia (Atlanta Area)	Tuesday / Wednesday
Georgia (So. State)	Tuesday / Wednesday
Idaho	Wednesday / Thursday
Illinois	Tuesday / Wednesday
Indiana	Monday / Tuesday
Iowa	Monday / Tuesday
Kansas (Kansas City)	Tuesday / Wednesday
Kansas (Other Parts)	Tuesday / Wednesday
Kentucky (Louisville Area)	Monday / Tuesday
Kentucky (Other Parts)	Tuesday / Wednesday
Louisiana	Tuesday / Wednesday
Maine	Wednesday / Thursday
Maryland	Tuesday / Wednesday
Massachusetts	Tuesday / Wednesday
Michigan	Tuesday / Wednesday
Minnesota	Tuesday / Wednesday
Mississippi	Tuesday/Wednesday
Missouri (St. Louis Area)	Tuesday/Wednesday
Missouri (Other Parts)	Tuesday/Wednesday
Montana	Wednesday / Thursday
Nebraska	Monday / Tuesday

State	E.D.A.
Nevada	Wednesday / Thursday
New Hampshire	Wednesday / Thursday
New Jersey	Tuesday / Wednesday
New Mexico	Tuesday / Wednesday
New York (Eastern)	Tuesday/Wednesday
New York (Western)	Tuesday/Wednesday
North Carolina	Wednesday/Thursday
North Dakota	Wednesday / Thursday
Ohio (Northern)	Monday / Tuesday
Ohio (Southern)	Monday / Tuesday
Oklahoma	Monday / Tuesday
Oregon	Thursday / Friday
Pennsylvania	Tuesday/Wednesday
Rhode Island	Tuesday / Wednesday
South Carolina	Wednesday/Thursday
South Dakota	Tuesday / Wednesday
Tennessee (Eastern)	Monday / Tuesday
Tennessee (Western)	Tuesday / Wednesday
Texas (Dallas Area)	Tuesday / Wednesday
Texas (Houston Area)	Tuesday / Wednesday
Texas (Other)	Tuesday / Wednesday
Utah	Tuesday / Wednesday
Vermont	Wednesday / Thursday
Virginia	Monday / Tuesday
Virginia (Charlottesville/West)	Tuesday / Wednesday
Washington	Friday
Washington D.C.	Tuesday / Wednesday
West Virginia	Monday / Tuesday
Wisconsin	Wednesday
Wyoming	Wednesday / Thursday

Estimated Day of Delivery
(For LTL Shipments)

FLORIDA / GULF COAST

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: AL, FL, S. GA, S. MS
Pick-Up Days: Thursday & Friday, for delivery of following week

State	E.D.A.
Alabama (Northern)	Monday / Tuesday
Alabama (Southern)	Monday / Tuesday
Arizona	Tuesday / Wednesday
Arkansas	Monday / Tuesday
California (North)	Thursday / Friday
California (South)	Thursday / Friday
Colorado	Tuesday / Wednesday
Connecticut	Tuesday / Wednesday
Delaware	Tuesday / Wednesday
Florida	Tuesday / Wednesday
Georgia	Monday / Tuesday
Idaho	Wednesday / Thursday
Illinois	Tuesday / Wednesday
Indiana	Tuesday / Wednesday
Iowa	Tuesday / Wednesday
Kansas (Kansas City)	Monday / Tuesday
Kansas (Other Parts)	Monday / Tuesday
Kentucky (Louisville Area)	Monday / Tuesday
Kentucky (Other Parts)	Tuesday / Wednesday
Louisiana	Monday / Tuesday
Maine	Wednesday / Thursday
Maryland	Tuesday / Wednesday
Massachusetts	Tuesday / Wednesday
Michigan	Tuesday / Wednesday
Minnesota	Wednesday / Thursday
Mississippi	Wednesday / Thursday
Missouri (St. Louis Area)	Tuesday / Wednesday
Missouri (Other Parts)	Tuesday / Wednesday
Montana	Wednesday / Thursday
Nebraska	Monday / Tuesday
Nebraska	Tuesday / Wednesday

State	E.D.A.
Nevada	Tuesday / Wednesday
New Hampshire	Tuesday / Wednesday
New Jersey	Monday / Tuesday
New Mexico	Tuesday / Wednesday
New York (Eastern)	Tuesday / Wednesday
New York (Western)	Tuesday / Wednesday
North Carolina	Tuesday / Wednesday
North Dakota	Wednesday / Thursday
Ohio	Wednesday / Thursday
Oklahoma	Tuesday / Wednesday
Oregon	Thursday / Friday
Pennsylvania	Tuesday / Wednesday
Rhode Island	Tuesday/Wednesday
South Carolina	Monday / Tuesday
South Dakota	Wednesday / Thursday
Tennessee	Monday / Tuesday
Texas (Dallas Area)	Monday / Tuesday
Texas (Houston Area)	Monday / Tuesday
Texas (Other)	Tuesday / Wednesday
Utah	Wednesday / Thursday
Vermont	Tuesday / Wednesday
Virginia	Tuesday / Wednesday
Washington	Thursday / Friday
West Virginia	Tuesday / Wednesday
Wisconsin	Tuesday / Wednesday
Wyoming	Wednesday

Estimated Day of Delivery
(For LTL Shipments)

MID-ATLANTIC

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: Delaware, Maryland, New Jersey, Pennsylvania, Virginia
Pick-Up Days: Thursday & Friday, for delivery of the following week

State	E.D.A.
Alabama (Northern)	Monday / Tuesday
Alabama (Southern)	Tuesday / Wednesday
Arizona	Wednesday / Thursday
Arkansas	Monday / Tuesday
California (North)	Thursday/Friday
California (South)	Thursday/Friday
Colorado	Tuesday / Wednesday
Connecticut	Monday / Tuesday
Delaware	Monday / Tuesday
Florida (East)	Monday / Tuesday
Florida (Panhandle)	Tuesday / Wednesday
Georgia (Atlanta Area)	Monday/Tuesday
Georgia (So. State)	Monday/Tuesday
Idaho	Thursday / Friday
Illinois	Monday / Tuesday
Indiana	Tuesday / Wednesday
Iowa	Monday / Tuesday
Kansas (Kansas City)	Tuesday / Wednesday
Kansas (Other Parts)	Wednesday
Kentucky (Louisville Area)	Monday / Tuesday
Kentucky (Other Parts)	Tuesday/Wednesday
Louisiana	Monday / Tuesday
Maine	Tuesday/Wednesday
Maryland	Tuesday/Wednesday
Massachusetts	Monday / Tuesday
Michigan	Tuesday / Wednesday
Minnesota	Tuesday / Wednesday
Mississippi	Tuesday/Wednesday
Missouri (St. Louis Area)	Tuesday/Wednesday
Missouri (Other Parts)	Tuesday/Wednesday
Montana	Tuesday / Wednesday
Nebraska	Monday / Tuesday

State	E.D.A.
Nevada	Wednesday / Thursday
New Hampshire	Monday / Tuesday
New Jersey	Monday / Tuesday
New Mexico	Tuesday / Wednesday
New York (Eastern)	Tuesday/Wednesday
New York (Western)	Tuesday/Wednesday
North Carolina	Tuesday/Wednesday
North Dakota	Tuesday / Wednesday
Ohio (Northern)	Monday / Tuesday
Ohio (Southern)	Monday / Tuesday
Oklahoma	Tuesday/Wednesday
Oregon	Thursday / Friday
Pennsylvania	Monday / Tuesday
Rhode Island	Monday / Tuesday
South Carolina	Tuesday / Wednesday
South Dakota	Tuesday / Wednesday
Tennessee (Eastern)	Monday / Tuesday
Tennessee (Western)	Tuesday / Wednesday
Texas (Dallas Area)	Tuesday / Wednesday
Texas (Houston Area)	Tuesday / Wednesday
Texas (Other)	Wednesday / Thursday
Utah	Tuesday / Wednesday
Vermont	Tuesday / Wednesday
Virginia	Tuesday/Wednesday
Virginia (Charlottesville/West)	Monday / Tuesday
Washington	Thursday / Friday
Washington D.C.	Tuesday/Wednesday
West Virginia	Monday / Tuesday
Wisconsin	Tuesday / Wednesday
Wyoming	Tuesday / Wednesday

Estimated Day of Delivery
(For LTL Shipments)

MIDWEST

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: Illinois, Indiana, Ohio, S. Michigan, St. Louis, MO Metro
Pick-Up Days: Wednesday/Thursday/Friday, for delivery of the following week

State	E.D.A.	State	E.D.A.
Alabama	Tuesday / Wednesday	Nevada	Tuesday / Wednesday
Arkansas	Monday / Tuesday	New Hampshire*	Tuesday / Wednesday
Arizona	Tuesday / Wednesday	New Jersey*	Tuesday / Wednesday
California (Northern)	Thursday / Friday	New Mexico	Monday
California (Southern)	Thursday / Friday	New York*	Tuesday / Wednesday
Colorado	Tuesday / Wednesday	North Carolina	M Tuesday / Wednesday
Connecticut*	Tuesday / Wednesday	North Dakota	Monday
Delaware*	Tuesday / Wednesday	Ohio	Tuesday / Wednesday
Florida*	Tuesday / Wednesday	Oklahoma	Monday
Georgia*	Tuesday / Wednesday	Oregon	Thursday / Friday
Idaho	Tuesday / Wednesday	Pennsylvania*	Tuesday / Wednesday
Illinois	Tuesday / Wednesday	Rhode Island*	Tuesday / Wednesday
Indiana	Tuesday / Wednesday	South Carolina	Tuesday / Wednesday
Iowa	Monday / Tuesday	South Dakota	CALL FOR SERVICE
Kansas	Tuesday / Wednesday	Tennessee	Tuesday / Wednesday
Kentucky	Tuesday / Wednesday	Texas	Tuesday / Wednesday
Louisiana	Tuesday / Wednesday	Utah	Monday /Tuesday
Maine*	Tuesday / Wednesday	Vermont*	Tuesday / Wednesday
Maryland*	Tuesday / Wednesday	Virginia	Monday / Tuesday
Massachusetts*	Tuesday / Wednesday	Washington	Thursday / Friday
Michigan	Monday / Tuesday	Washington D.C.	NO SERVICE
Minnesota	Tuesday / Wednesday	West Virginia	CALL FOR SERVICE
Mississippi	Tuesday / Wednesday	Wisconsin	Tuesday / Wednesday
Missouri	Tuesday / Wednesday	Wyoming	CALL FOR SERVICE
Montana	Tuesday / Wednesday		
Nebraska	Monday / Tuesday		

- = States we deliver FRESH into

Revision Date: May 2026

Estimated Day of Delivery
(For LTL Shipments)

NORTHEAST

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Upstate New York
Pick-Up Days: Thursday & Friday, for delivery of the following week

State	E.D.A.
Alabama (Northern)	Tuesday / Wednesday
Alabama (Southern)	Tuesday / Wednesday
Arizona	Wednesday / Thursday
Arkansas	Monday / Tuesday
California (North)	Thursday / Friday
California (South)	Thursday / Friday
Colorado	Tuesday / Wednesday
Connecticut	Thursday / Friday
Delaware	Tuesday / Wednesday
Florida	Tuesday / Wednesday
Georgia	Tuesday / Wednesday
Idaho	Wednesday / Thursday
Illinois	Tuesday / Wednesday
Indiana	Tuesday / Wednesday
Iowa	Wednesday / Thursday
Kansas	Tuesday / Wednesday
Kentucky	Monday / Tuesday
Louisiana	Tuesday / Wednesday
Maine	Wednesday / Thursday
Maryland	Tuesday / Wednesday
Massachusetts	Thursday / Friday
Michigan	Tuesday / Wednesday
Minnesota	Tuesday / Wednesday
Mississippi	Monday / Tuesday
Missouri (St. Louis Area)	Tuesday / Wednesday
Montana	Limited Service
Nebraska	Tuesday / Wednesday

State	E.D.A.
Nevada	Tuesday / Wednesday
New Hampshire	Thursday / Friday
New Jersey	Tuesday / Wednesday
New Mexico	Tuesday / Wednesday
New York (Eastern)	Tuesday /Wednesday
North Carolina	Tuesday / Wednesday
North Dakota	Limited Service
Ohio (Northern)	Tuesday / Wednesday
Oklahoma	Monday / Tuesday
Oregon	Thursday / Friday
Pennsylvania	Tuesday / Wednesday
Rhode Island	Wednesday / Thursday
South Carolina	Tuesday / Wednesday
South Dakota	As Needed
Tennessee (Eastern)	Tuesday / Wednesday
Texas (Dallas/Houston Area)	Wednesday / Thursday
Texas (Other)	Thursday / Friday
Utah	Wednesday / Thursday
Vermont	As Needed
Virginia	Wednesday / Thursday
Washington	Thursday / Friday
West Virginia	As Needed
Wisconsin	Tuesday / Wednesday
Wyoming	Tuesday / Wednesday

H&M BAY INC
SINCE 1982

Estimated Day of Delivery
(For LTL Shipments)

PACIFIC NORTHWEST

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: Oregon & Washington
Pick-Up Days: Thursday & Friday, for delivery of the following week

State	E.D.A.
Alabama	Wednesday / Thursday
Arizona	Tuesday / Wednesday
Arkansas	Tuesday / Wednesday
California	Monday / Tuesday
Colorado	Tuesday / Wednesday
Connecticut	Thursday / Friday
Delaware	Thursday / Friday
Florida	Thursday / Friday
Georgia	Thursday / Friday
Idaho	Monday (Limited)
Illinois	Tuesday / Wednesday
Indiana	Wednesday / Thursday
Iowa	Tuesday / Wednesday
Kansas	Tuesday / Wednesday
Kentucky	Wednesday / Thursday
Louisiana	Wednesday / Thursday
Maine	Thursday / Friday (Limited)
Maryland	Thursday / Friday
Massachusetts	Thursday / Friday
Michigan	Wednesday / Thursday (Limited)
Minnesota	Tuesday / Wednesday
Mississippi	Wednesday / Thursday
Missouri	Tuesday / Wednesday
Montana	Monday (Limited)
Nebraska	Tuesday / Wednesday
Nevada	Monday / Tuesday
New Hampshire	Thursday / Friday (Limited)
New Jersey	Thursday / Friday
New Mexico	Tuesday / Wednesday
New York	Thursday / Friday

State	E.D.A.
North Carolina	Thursday / Friday
North Dakota	Monday / Tuesday
Ohio	Wednesday / Thursday
Oklahoma	Tuesday / Wednesday
Oregon	Tuesday/Wednesday (Limited)
Pennsylvania	Thursday / Friday
Rhode Island	Thursday / Friday
South Carolina	Thursday / Friday
South Dakota	Monday / Tuesday (Limited)
Tennessee	Wednesday / Thursday
Texas	Thursday / Friday
Utah	Mon/Tues
Vermont	Thursday / Friday (Limited)
Virginia	Thursday / Friday
Washington	Daily (Limited)
West Virginia	No Regular Service
Wisconsin	Tuesday / Wednesday
Wyoming	Monday (Limited)

Estimated Delivery Window
(For LTL Shipments)

Tennessee

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: Northern AL, KY, Northern MS, TN
Estimated Pick-Up Window: Wednesday - Friday, for delivery of following week

State	E.D.A.
Alabama (Northern)	Tuesday- Wednesday
Alabama (Southern)	Tuesday- Wednesday
Arizona	Thursday - Friday
Arkansas	Monday -Wednesday
California (North)	Thursday - Friday
California (South)	Thursday - Friday
Colorado	Wednesday -Thursday
Connecticut	Wednesday - Thursday
Delaware	Tuesday - Wednesday
Florida	Tuesday - Wednesday
Georgia	Tuesday - Wednesday
Idaho	Thursday - Friday
Illinois	Wednesday-Thursday
Indiana	Tuesday - Wednesday
Iowa	Wednesday - Thursday
Kansas (Kansas City)	Wednesday - Thursday
Kansas (Other Parts)	Wednesday - Thursday
Kentucky (Louisville Area)	Tuesday - Wednesday
Kentucky (Other Parts)	Tuesday / Wednesday
Louisiana	Tuesday - Wednesday
Maine	Wednesday - Thursday
Maryland	Tuesday - Wednesday
Massachusetts	Wednesday - Thursday
Michigan	Wednesday - Thursday
Minnesota	Thursday - Friday
Mississippi	Tuesday - Wednesday
Missouri (St. Louis Area)	Wednesday - Thursday
Missouri (Other Parts)	Wednesday - Thursday
Montana	Thursday - Friday
Nebraska	Wednesday - Thursday

State	E.D.A.
Nevada	Thursday - Friday
New Hampshire	Wednesday - Thursday
New Jersey	Tuesday - Wednesday
New Mexico	Wednesday - Thursday
New York (Eastern)	Wednesday - Thursday
New York (Western)	Wednesday - Thursday
North Carolina	Tuesday - Wednesday
North Dakota	Thursday - Friday
Ohio	Wednesday - Thursday
Oklahoma	Wednesday - Thursday
Oregon	Thursday - Friday
Pennsylvania	Wednesday - Thursday
Rhode Island	Tuesday - Wednesday
South Carolina	Tuesday - Wednesday
South Dakota	Thursday - Friday
Tennessee	Tuesday - Wednesday
Texas (Dallas Area)	Tuesday - Wednesday
Texas (Houston Area)	Tuesday - Wednesday
Texas (Other)	Wednesday - Thursday
Utah	Thursday - Friday
Vermont	Wednesday - Thursday
Virginia	Tuesday - Wednesday
Washington	Thursday - Friday
West Virginia	Wednesday - Thursday
Wisconsin	Wednesday - Thursday
Wyoming	Thursday - Friday

Revision Date: May 2026

Estimated Day of Delivery
(For LTL Shipments)

TEXAS

Below is the estimated delivery day on which we provide service to the following states. Please understand that this schedule is based on weekly averages and special requests can often be accommodated if enough lead time is given.

From: W. Arkansas, Southeast OK, Eastern Texas
Pick-Up Days: Thursday/Friday, for delivery of the following week

State	E.D.A.
Alabama	Monday/Tuesday
Arkansas	Wednesday/Thursday
Arizona	Tuesday/Wednesday
California (Northern)	Thursday/Friday
California (Southern)	Wednesday/Thursday
Colorado	Monday/Tuesday
Connecticut	Thursday/Friday
Delaware	Wednesday/Thursday
District of Columbia	Tuesday/Wednesday
Florida	Wednesday/Thursday
Georgia	Tuesday/Wednesday
Idaho	Tuesday/Wednesday
Illinois	Tuesday/Wednesday
Indiana	Tuesday/Wednesday
Iowa	Monday/Tuesday
Kansas	Tuesday/Wednesday
Kentucky	Monday/Tuesday
Louisiana	Tuesday/Wednesday
Maine	Thursday/Friday
Maryland	Tuesday/Wednesday
Massachusetts	Thursday/Friday
Michigan	Tuesday/Wednesday
Minnesota	Tuesday/Wednesday
Mississippi	Monday/Tuesday
Missouri	Tuesday/Wednesday
Montana	Tuesday/Wednesday
Nebraska	Monday/Tuesday

State	E.D.A.
Nevada	Tuesday/Wednesday
New Hampshire	Thursday/Friday
New Jersey	Wednesday/Thursday
New Mexico	Monday/Tuesday
New York	Wednesday/Thursday
North Carolina	Wednesday/Thursday
*North Dakota	Monday/Tuesday (10-11 days)
Ohio	Wednesday/Thursday
Oklahoma	Monday/Tuesday
Oregon	Thursday/Friday
Pennsylvania	Wednesday/Thursday
Rhode Island	Wednesday/Thursday
South Carolina	Tuesday/Wednesday
*South Dakota	Monday/Tuesday (10-11 days)
Tennessee	Monday/Tuesday
Texas	Tuesday/Wednesday
Utah	Tuesday/Wednesday
Vermont	Thursday/Friday
Virginia	Tuesday/Wednesday
Washington	Thursday/Friday
West Virginia	Monday/Tuesday
Wisconsin	Wednesday/Thursday
Wyoming	Tuesday/Wednesday

- *Denotes orders will be sent to redelivery service

Revision Date: May 2026